



Club #85, founded Oct 2, 1913

February 1st and 8th 2011

Feb 1 Attendance: John Bishop; Andy Dang-Duy; Bertrand de Cardaillac; Mikkel Elsborg; Carlo Pugliese; Steve Sadler; George Shalhoub; Udo Stundner; Nemo Turner; Bob Velan; Drew Webster; Henry Zalzal; Mike Zivic. Rotaract McGill: Deanna Cook. Guest of John Bishop, Tatiana Vera-Lescano. Guest of Mikkel Elsborg, May Jensen.

Feb 8 Attendance: Herman Alves; John Bishop; Bertrand de Cardaillac; Mikkel Elsborg; Nosa Mohammed; Carlo Pugliese; Steve Sadler; George Shalhoub; Nemo Turner; Bob Velan; Drew Webster; Henry Zalzal; Mike Zivic. Pres. McGill Rotaract: Sean Yaphe. Guest speakers: Deborah Radcliffe-Branch PhD; Maria Mastracchio; Mario Di Carlo.

Meeting of Feb 1

President Nemo chaired the meeting and explained that both the scheduled speaker and the backup speaker had to cancel at the last minute. He declared, therefore, that today's meeting would be an unplanned, club assembly and invited **Carlo Pugliese** to the podium. True to form, Carlo produced humour followed by gentle reminders. He reminded **VP Bertrand** that he was to speak to his daughter about a Mr. Fisher and also that he had agreed to invite a speaker on the artificial foot program. He reminded **President Nemo** that he said he would invite as speaker the people building a school in Haiti.

Mike Zivic agreed to take the file on the request for an extended food program from the Dawson Community Centre and he will be making a recommendation.

We had discussion about a request from Selwyn House. Upon motion by **John Bishop**, seconded by **Mikkel Elsborg** and carried, it was agreed to donate \$200 to the project.

Steve Sadler recommended that we pay the invoice for R.I. semi annual dues in Canadian dollars. There was no objection.

Herman Alves and **Mikkel Elsborg** are scheduled to meet with Rotaractor **Deanna Cook** and make a report.

President Nemo brought the meeting to a close.

Meeting of Feb 8



President Nemo welcomed **Sean Yaphe**, President of the McGill Rotaract Club.

Campership: **Carlo Pugliese** explained about a request from Camp Papillon for a campership and moved that we contribute

\$250. Motion was seconded by **Mike Zivic** and carried.

Old Brewery Mission invites our support once again in serving meals. Carlo will ask **John Bishop** to organize a date.

Promotional dinner: a dinner is being organized by RC Laval for the new, Laval Rotary Club. It will take place on Feb 14th at La Ferme des Jeunes au Travail. The ticket cost is \$40.

Herman Alves introduced the first of three speakers on the topic of "Living a healthy life with chronic conditions".

Deborah Radcliffe-Branch PhD presented an overview of the 6 session, free workshop. Details can be found at www.mytoolbox.mcgill.ca

Mario Di Carlo is a master-trainer and a volunteer. He spoke of the empowering aspect of the program.

Maria Mastracchio, a teacher for 28 years, is co-founder of the Montreal program. Confined to a wheelchair by MS, she refused to allow herself to become imprisoned. She spoke of a "feu sacré" that resulted in finding software developed by Stanford U. She brought it to Montreal 4 years ago. Since then, more than 800 people have participated in 55 workshops. The software is presently in use in the UK and Australia.



President Nemo expressed the club's thanks for this enlightening discussion and presented each speaker with a certificate of appreciation.